

ADVENTURER MEAL DEAL

Adventurer Meal Deal (AMD)

Eat as much as you like

Sun - Thurs **£16.80** per head

Fri - Sat **£18.80** per head

APPETIZERS

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| 1 | 一品熱拼盤 | Yi Ban Mixed Hors D'oeuvres
hot & spicy spare ribs, smoked shredded chicken, sesame prawn toast, spring roll & crispy seaweed |
| 2 | 芝麻蝦 | Sesame Prawn Toast |
| 3 | 椒鹽大蝦 | Hot & Spicy King Prawns cooked with garlic, peppercorn salt & chilli |
| 4 | 炸春卷 | Crispy Mini Spring Roll (meat or vegetable) |
| 5 | 幹貝絲 | Crispy Seaweed (meat or vegetarian) |
| 6 | 熏雞絲 | Hot & Spicy Smoked Shredded Chicken |
| 7 | 沙嗲串烤雞 | Satay Chicken On Skewer served with spicy crunchy peanut sauce |
| 8 | 椒鹽雞翼 | Hot & Spicy Chicken Wing |
| 9 | 一品排骨 | Yi Ban Spare Rib
<i>3 distinct flavours:</i>
(a) hot & spicy, cooked with garlic, peppercorn salt & chilli
(b) juicy & tangy, cooked with capital sauce
(c) BBQ, coated with honey |
| | 椒鹽式 | |
| | 京都式 | |
| | BBQ汁 | |
| 10 | 沙嗲串烤蘑菇 | Satay Mushroom on Skewer served with spicy crunchy peanut sauce |
| 11 | 椒鹽豆仔 | Hot & Spicy French Fine Beans |

SOUP

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| 12 | 粟米湯 | Creamy Sweet Corn Soup (plain or crab meat or chicken) |
| 13 | 酸辣湯 | Hot "N" Sour Soup (meat or vegetable) |
| 14 | 雲吞湯 | Won Ton Soup (meat or vegetable) |

SECOND COURSE

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|----|-------|---|
| 15 | 一品香酥鴨 | Crispy & Aromatic Duck
served with fresh spring onion, cucumber, hoi sin sauce & pancakes |
| 16 | 一品香酥羊 | Crispy Lamb Wrap "N" Roll
served with fresh spring onion, cucumber, hoi sin sauce & pancakes |

MAIN COURSE (AMD)

MAIN COURSE

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| 17 | 咕嚕鷄 | Sweet "N " Sour Chicken (hot or not hot) |
| 18 | 檸檬鷄 | Pan Fried Chicken in Lemon Sauce |
| 19 | 四川鷄片 | Sautéed Sichuan Chicken in Hot Bean Sauce |
| 20 | 蚝油鷄片 | Sautéed Chicken in Oyster sauce |
| 21 | 豉椒鷄片 | Sautéed Chicken with Chilli in Black Bean Sauce |
| 22 | 宮保鷄 | Sautéed Chicken in Yellow Bean sauce |
| 23 | 咕嚕肉 | Sweet "N " Sour Pork (hot or not hot) |
| 24 | 姜葱肉片 | Sautéed Pork with Ginger & Spring Onion |
| 25 | 四川肉片 | Sautéed Sichuan Shredded Pork in Hot Bean Sauce |
| 26 | 蜜汁叉燒 | Cantonese Honey BBQ Slice Pork (Cha Siu) |
| 27 | 幹牛絲 | Crispy Chilli Shredded Beef |
| 28 | 四川牛肉 | Sautéed Sichuan Beef in Hot Bean Sauce |
| 29 | 姜葱牛肉 | Sautéed Beef with Ginger & Spring Onion |
| 30 | 雙冬牛肉 | Braised Beef with Bamboo shoot & Chinese Mushroom |
| 31 | 蚝油牛肉 | Sautéed Beef in Oyster sauce |
| 32 | 蘑菇牛肉 | Sautéed Beef with English Mushroom |
| 33 | 豉椒牛肉 | Sautéed Beef with Chilli in Black Bean Sauce |
| 34 | 姜葱羊肉 | Sautéed Lamb with Ginger & Spring Onion |
| 35 | 四川羊肉 | Sautéed Sichuan Lamb with Chilli in Hot Bean Sauce |
| 36 | 時菜羊肉 | Sautéed Lamb with Seasonal Vegetables |
| 37 | 咕嚕大蝦 | Sweet "N " Sour King Prawns (hot or not hot) |
| 38 | 四川大蝦 | Sautéed Sichuan King Prawns in Hot Bean Sauce |
| 39 | 姜葱大蝦 | Sautéed King Prawns with Ginger & Spring Onion |
| 40 | 雙冬大蝦 | Sautéed King Prawns with Bamboo shoot & Chinese Mushroom |
| 41 | 蚝油大蝦 | Sautéed King Prawns in Oyster sauce |
| 42 | 豉椒大蝦 | Sautéed King Prawns with Chilli in Black Bean Sauce |
| 43 | 宮保大蝦 | Sautéed "Kung Po" King Prawns in Sweet Chilli Sauce |
| 44 | 咕嚕魚 | Sweet "N " Sour Monk Fish (hot or not hot) |
| 45 | 鍋塌魚 | Grilled Monk Fish in Peking Style <small>cooked with garlic, vinegar & white wine</small> |
| 46 | 姜葱魷魚 | Sautéed Squids with Ginger & Spring Onion |
| 47 | 豉椒魷魚 | Sautéed Squids with Chilli & Black Bean Sauce |
| 48 | 咖哩鷄 | Chicken Curry |
| 49 | 咖哩牛 | Beef Curry |
| 50 | 咖哩羊 | Lamb Curry |
| 51 | 咖哩雜菜 | Mixed Vegetables Curry |

All prices are included VAT and 10% service charge will be added on your bill

VEGETABLE, RICE & NOODLES

VEGETABLES

- | | |
|---------|--|
| 52 清炒芽菜 | Stir Fried Bean Sprouts |
| 53 清炒雜菜 | Sautéed Mixed Vegetables |
| 54 蚝油蘑菇 | Stir Fried Mushroom in Oyster Sauce |

RICE & NOODLES

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|-----------|--|
| 55 白飯 | Fragrant Steamed Rice |
| 56 鮮蛋炒飯 | Egg Fried Rice |
| 57 揚州炒飯 | Yi Ban Special Fried Rice |
| 58 泰式揚州炒飯 | Thai "Yeung Chow" Fried Rice |
| 59 芽菜炒面 | Stir Fried Noodles with Spring Onion & Bean sprout |
| 60 各式炒面 | Selection of Fried Noodles
(a) Chicken
(b) Mixed Vegetables |
| 61 星洲炒米粉 | Singapore Fried Rice Noodles (Vermicelli & hot) |

Note

To enjoy more, the management advise that five dishes to be ordered at one time.
Remember you can eat as much as you like and you can order more later.
Membership offer & other offers do not apply for Adventurer Meal Deal

Enjoy!